Reminder Memos for your Advancement #7

As we are radiating, we are writing our life story.

Have you ever considered how your day-to-day attitude and actions affect the world in a broader sense? Many have an error perception that we are islands unto ourselves, but the truth is that we are interconnected with everyone and everything on the planet. This is because our energy field is radiating out into the world around us - and all life forms are picking up our broadcasting.

People, animals, plants, rocks, insects, water - everything animate and inanimate has a 'life force'. The life force in every form reaches out and mingles with the life force of everything else, communicating and sharing energy/information back and forth. This may even be the process of evolution.

That means that everything you say and do - even everything you think is radiating out 24/7 - and effects the people, animals and objects around you. Keeping this in mind, you can see how a negative attitude or fearful or angry thoughts might create a ripple effect that carries waves of negativity to everyone and everything in your radius whilst in that state of mind.

For example, have you ever noticed that you tend to attract people and experiences that mirror how you are feeling at the time? When you feel irritated, you attract more irritating people and events. When you feel happy, you attract people and events that amplify your happiness. This is Resonance.

You could call this mysterious resonance as *like attracting like*, or *birds of a feather flock together* - each resonating with its own kind - the popular saying that *what goes around*, *comes around* has substance. When you toss a pebble into a still body of water, you can see tiny waves rippling out from the centre of impact. When they hit the far shore they then bounce back to return again.

The question to ask yourself is, what kind of pebbles am I tossing into my life? If most of your pebbles are negative in tone, the ripples that go out from you will be negative too, and negativity will return back as a resonance.

But you can just as easily choose to colour your pebbles with joy, love and kindness - and joy, love and kindness must come rippling back to you in endless wonderful ways. Yes every person can cause a wonderful life of grace and ease!

Creating a conscious habit of spreading joy, love, kindness, encouragement and peace everywhere you go can have a powerful effect on the world in general, simply because your life force energy will continuously ripple out to influence others. They, in turn, will spread that positive energy to still more people, and those people will spread it to still more people - and those ripples will make their way around the entire globe as a Revolution of the Heart!

This is the type of world you can create, a positive uplifting and inspiring Revolution of the Heart - because your inner world will continuously radiate out and will cause ongoing positive changes, all starting from your Higher Nature virtues as you choose to embed with your thoughts, your words and your actions - here is how easily you can cause your own advancement here and now!