To have Abundant Expectancy - With no specific Expectations.

With the giving of your Love as an Armchair Activist, it would be great to receive confirmation from some time in the future of how your present efforts did actually help change the world for the better. This may not happen because we will not live that long - yet we can and will change our inner world for the better, this happens whist giving as an Armchair Activist.

Unfortunately, when giving our Love to an unfolding and evolving situation in the world, we need to let go of any and all specific expectations to do with earth level clock time - and have such a faith as to give in total trust. For we are establishing what will be - and The Mystics tell us that; "What will be has already happened outside of time." (It has been established in the virtual worlds prior to condensing or solidifying to our denser physical world)

Sometimes, people who are working for the greater good end up with feelings of disillusion and defeat because they cannot see immediate results from their efforts. This indicates an expectation - but how often do we find Expectations lead to disappointments. So instead we simply have an abundant expectancy.

Some may start out feeling inspired and eager to help make a difference, (and they can and will) but when nothing outwardly seems to be changing, they may think that they aren't making a difference after all and give up saying something like; 'what's the use'.

When it comes to big picture goals that may take decades to complete, we can't allow an apparent lack of results stop us. There is simply too much at stake and the consequences are too vast. Focus more on tiny perceivable steps.

There is a way to overcome feelings of disillusionment however, and that is by acting from a sense of love and a desire to make a difference, and then letting it all go - and knowing that nothing is ever in vain, so with this mind set of having an abundant expectancy of good outcomes, you will feel good inside.

"Letting go" means trusting that our positive thoughts and actions have made a difference, even if yet unseen - so, the wisdom is to just let go and trust.

Even if the changes won't be obvious for another fifty or one hundred years, we have to trust that they will become obvious at some point and simply stay focused on taking the actions that feel right to us now. Remember that as you give out pure Love, you will simultaneously be receiving pure Love into your energy fields. And always, a little perfume of the rose always stays with the hands that give it. Here is your blessing in the Now.

Rather than expecting immediate miracles, we can hold an inner expectation that everything we do is really making a difference. We can see our actions as a labour of love that has us feeling good from the simultaneous receiving in, and that we're doing as we can, and as we know how as we are able to do so within our present situations or circumstances. Be happy and feel good with this.

Keeping a detached attitude like this is the surest way of letting it all go to its own successful outcome, no matter how long that may take to out-picture.