

## Reminder Memos for your Advancement #12

### **Take back your Control - Be the Driver of Your own Bus.**

For taking back control of your own life directions, try using the Bus analogy. For the exercise, just imagine that your life is like a Bus - the Bus is loaded with passengers as it is journeying along the highways and byways of life's learning and growing opportunity scenarios - some call it the School of Hard Knocks - some find it not so easy - and some flow with grace and ease.

Sometimes the road is bumpy and sometimes it is nice and smooth. Most days the Bus encounters forks in the road with the decisions of which way to turn. Who decides which directions you go? So, the question is; **Who is driving your Bus.** Are any passengers being a pest by always shouting for their own way? Or are they all happily co-operation in harmony and enjoying the journey together?

If we were to fully know what is around each corner, or just over each little hill, then we might try and avoid it - especially if it looks like pain - and that then would mean missing out on the 'set-ups' for potential personal growths of inner strength and expanding awareness gains. We are told that every Soul has its own roadmap, it is written in their Heart. (This is why we promote the mind set of always following your heart, and to do so in all ways)

Back to the analogy and the passengers on the Bus. Maybe some passengers give off Peaceful Harmony and some give off Disturbances to your Inner Peace and Harmony. Some radiate Fear and some radiate Courage. Some are Pain and some are Happiness and Pleasure. So, is your Bus taking your life in the directions you actually prefer? If the scenery is not to your liking then you can decide which of the passengers you prefer to have helping to Drive Your Bus and which passengers you do not want any longer, demand they get off as excess baggage!

You have the right and the authority to choose which passengers you do not want trying to drive your bus any longer. Simply step into your power within your heart - then in that strength and authority simply decide which passengers (invited or uninvited) you will delete (as you do on a computer.) You can, and need to strongly demand that any passenger or hitch-hikers get off your Bus - especially those no longer serving your best interests. Demand they get off your bus, and right now - and don't come back - No longer wanted, and no longer will be tolerated. You have this right and power. Use it for your advancement.

Which do you want to be free of - is it old beliefs now past their use by date? Old mind sets? Any ancestors or family members? Or someone else's uninvited rules or unchosen values? Or something negative or even nasty that someone said or did to you? Any ignorant judgements by others? Any Self-judgements? Any childhood trauma? Bully scars? Misplaced trust? Abuse? Betrayals? Parental baggage? Imagined fears? Resentments? Guilts? Bad memories? Masks or false images to be liked or accepted by others? Marketing gurus? Propaganda? Media stories? Someone controlling you? Brain washing? T.V. influences? Past life stuff? Etc. Some may need to be sternly told 30 or 40 times to be rid of them.

Take back your power and lighten your load by dumping unwanted baggage - you are the boss so **Drive your own Bus.** Use everything for your advancement. Then you will naturally make choices that turn with the forks in the road for giving a smile on your face as you sing "I did it my way." **Now the load is light and you are in charge - So, which fork in the road will it be today - your choice!**