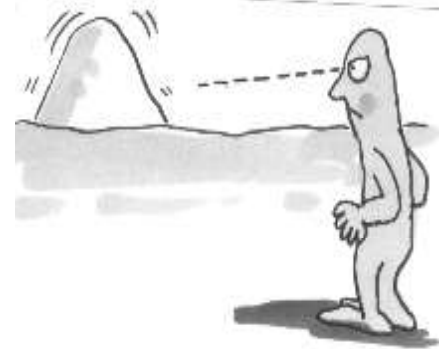


*Life Coaching Encouragement for Your Advancement*

**IF YOU BELIEVE YOU CAN SUCCEED.....**

Some of the most practical success-building wisdom is found in that Biblical quotation stating that faith can move mountains. Believe, really believe you can move a mountain and you can. Not many people believe they can move mountains. So, as a result, not many people do ! On some occasion you have probably heard someone say something like, "It's nonsense to think you can make a mountain move away just by saying 'Mountain, move away.' It's simply impossible."

People who think this way have belief confused with wishful thinking. And true enough, you can wish away a mountain. You can't wish yourself an executive suite. Nor can you wish yourself into a five bedroom, three-bath house or the high income bracket. You can't wish yourself into a position of leadership. But you CAN move a mountain with belief. You CAN win success by believing you can succeed. There is nothing magical nor mystical about the power of belief. Belief works this way. Belief, the 'I'm-positive-I-can' attitude, generates the power, skill, and energy needed to do. When you believe 'I-CAN-do it' you open to receive all the various 'how to do it' probabilities and possibilities.



**YOU CAN CHANGE THE HARVEST.....**

"For whatsoever a man soweth, that shall he also reap" so the admonition goes. Have you ever heard someone say "If there's trouble around it always finds me!" Many people - and you probably know some, find trouble wherever they go. Others in these same situations are happy, successful and get along just fine. The difference is found usually in the individuals - not the situations. We attract what we are. Trust meets trust. Understanding invites understanding. Our experiences in life are reflections of our own attitudes, motives, beliefs and intentions and what we give out usually returns to us - in some form or another. The whole business of living, when controlled by this fundamental law, is just as fair as it could possibly be. The freedom of choice is ours - whether we lift others or pull them down, encourage them or belittle them, love them or hate them, be honest or cheat them, be sincere or deceive them. The choice is ours, but to each choice there is a consequence, and always, in good time, we reap what we have sown ! Nothing could be fairer than that, and the important thing to remember is: We can change - whenever we choose - we can change what we are sowing, and by so doing we change the harvest as well.

**ACTING AS IF.....** Every January most of us make New Year resolutions and think about all the dozens of things we were 'going to do' last year, but never quite got around to it... And now what are we going to do about them? Are you going to mark time till next January and then add them on to the schedule for next year? There's no need for that - there is another way to make your plans come to fulfilment... It's creating the magic of 'acting as if' Acting as if a new year begins every day of the year - as if today is the first day of the rest of your life and holding within you the eternal possibility of making all things new every day of the year. A Harvard Professor of Psychology, William James, put it this way: "We need only in cold blood to act, as if the thing in question were real, and it will infallibly end by growing into such a connection with our life that it will become 'real'. The 'magic' really works ! You're using it right now - just as you have always been using it. How many men and women have successfully turned a dismal existence into a happy and rewarding life by acting, after many failures, 'as if they were' the person they wanted to be... and that's just what they became. What are you 'acting as if'? Have you thought of acting as if today is your year - today is the turning point of your life? Try it - see how the magic of 'acting as if' works.

I do hope that you will experiment to see if there is something here that you can use for your own advancement. When you have finished with me I want you to please pass me onto someone else anywhere on the planet....because we Seeds want to keep on circulating to promote and foster the advancement of people in every nation. There are lots of other Seeds for Self Advancement and Seeds for Self Esteem and Seeds for Encouragement for those times when you are challenged ...you can freely print out these and heaps more from our web site. If you need uplifting, encouraging, inspiring or to feel good, go to [www.goodwillpeople.net](http://www.goodwillpeople.net)