

Life Coaching Encouragement for Your Advancement

ACRES OF DIAMONDS.....

Once upon a time in Persia there lived a very old and very wise farmer, who was happy and successful. One day he heard about diamonds and the power one could gain from owning a diamond mine. So he sold his rich farming property, left everything behind and began his search for diamonds, wandering far and wide on the vain journey until one day, wretched and penniless, he took his own life on some lonely shore. Meanwhile, ironically, back on the farm - the new owner was caring for his animals one day when he noticed a bright, shimmering object in the water running through his property. Close scrutiny and advice from friends revealed it to be a diamond ! After further investigation and searching the new owner found that his whole property was virtually "acres of diamonds". The moral to this story is this: Every single person has the opportunity to be more successful exactly where he is with what he has right now - right in his own backyard! The truth of this cannot be denied. Discover your own disguised opportunities to "mine diamonds" - to gain more satisfaction, more wealth or make a step to achieve your dreams starting where you are



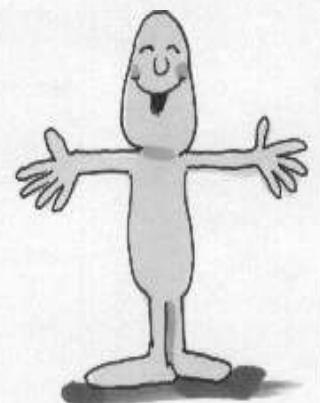
WHEN OPPORTUNITY KNOCKS.....

Opportunity usually comes disguised - it is rarely presented on a silver platter - and is nearly always attained by tough, hard work! I heard a story once about an ambitious young man who got a job as manager of a struggling company which was just starting off and going through the usual teething troubles and problems associated with being accepted by the outside business world, financial worries, staff shortages, etc. Well, this industrious young manager overcame many of these worries by typing his own letters, keeping his own office clean and tidy, taking care of the office records - and he still managed to keep the company's head above water, though it was often a struggle. Now you might question if this paints the picture of 'opportunity'. Well, at least he was tenacious, holding his own by doing the very best job he knew how, day in and day out, until one day the company began to thrive. The company grew and prospered and because of his efforts, so did the manager. The really big opportunities were presented to him even though the possibilities were hopelessly hidden, beneath numerous layers of problems and worries. So, if you seem to be bogged down in routine, problems, boredom, 'the same old job' and there is no light at the end of the tunnel; take heart, my friend: ... For when you least expect it ... opportunity knocks!



PRODUCING HARMONY.....

The way to maintain a positive and peaceful inner balance and harmony is to never place energy on a negative emotion. Whenever you feel a negative emotion coming on - never verbalise it by saying "I'm tired" "" I'm angry I'm hurt", etc., for in so doing you are just enforcing and strengthening that negativity. It's almost like giving in and surrendering your power to a foe, and that can be very destructive. Positive affirmations and positive programming can be very powerful in dissolving the negative emotion in its embryo stage. It makes sense to fight weeds by planting lots of thick, healthy grass, knowing that the grass will soon take over and the weeds will die. Well, the same thing goes with negativity - verbalise a positive statement when a negative emotion pops up - the invading negativity cannot survive the attack of its positive counterpart. Simple!! Using positive affirmations that release the positive emotions really works ! For example, if you feel really bad and angry because you can't stop smoking ... instead of strengthening the negative force, and surrendering to it, repeat to yourself "*I enjoy not smoking.*" By verbalising this way you actually bring the focus back to the present - you have started stopping ! By training your thought pattern to produce positively by using positive affirmations, you produce positive rhythms and harmony within your own being - and that's a pretty nice feeling!



I do hope that you will experiment to see if there is something here that you can use for your own advancement. When you have finished with me I want you to please pass me onto someone else anywhere on the planet....because we Seeds want to keep on circulating to promote and foster the advancement of people in every nation. There are lots of other Seeds for Self Advancement and Seeds for Self Esteem and Seeds for Encouragement for those times when you are challenged ...you can freely print out these and heaps more from our web site. If you need uplifting, encouraging, inspiring or to feel good, go to www.goodwillpeople.net