

Life Coaching Encouragement for Your Advancement

THE WINNING ATTITUDE.....

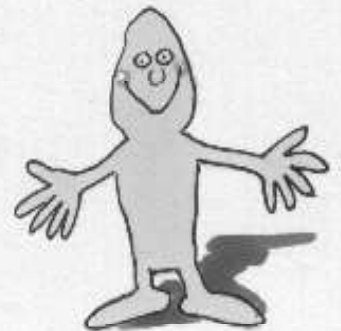
Have you ever wondered what it is that some people have - that 'charisma' which attracts others to them, that causes people to comment "There's something special about that person!" There is a certain quality that makes other people want to be around them. What makes a person great? It seems these great people are doing something that comes close to perfectly matching their natural talents. They are doing what they enjoy doing most, the thing at which they excel and from which they attain the highest level of achievement and happiness, satisfaction and fulfilment. In other words, they are doing what they want to do, regardless of the monetary payoff. If you wonder if you are on the 'right' track, just ask yourself if the same is true for you. Also, take into consideration, that these people are totally dedicated in their endeavours. What they are doing takes precedence over everything else in their lives. They put more time, effort, love and care into what they do than those who are just 'good' or even 'very good', This brings to mind a saying that sums it up perfectly "99% is a bitch while 100% is a breeze" - How much you work at it makes all the difference ! Finally, and this is the "icing on the cake" quality in being 'Great' - *THEY KNOW THEY ARE GREAT*, they are confident, feel worthy and love themselves - they have the 'consciousness of competence', knowing they will survive and succeed no matter what. Being able to relax sufficiently for that inner quality of "greatness" to come forward. They have no need to force or strain to excel - their 'greatness' just is. There is an air of sureness and forthrightness - almost a boldness about these people - having total faith and belief in what they are doing and who they are. They don't always win, but their 'winning attitude' keeps them out in front in the elite class of greatness. A winning attitude is something everyone can give themselves.

YOU HAVE NO COMPETITION.....

How often do we hear of someone "trying to keep up with the Jones'?" Striving to keep ahead of the other person - to own what he owns - a higher paid job, a bigger house, a better car, more money in the bank, a prettier wife, a healthier body, etc - when really all we have to do is the very best we can with what we've got. 'Competition' leads to heartache, unhappiness, worry and dissatisfaction and yet so many indulge in this senseless and useless pastime, creating even more tensions and pressures in their already complicated lives. You know, there is really no competition in this world - except in our minds - until we meet our duplicate, and the chances of that are non-existent. There will never be another you - therefore your sense of competition is unfounded, just as your fear of attaining that 'enoughness' that we are all searching for is unfounded also. Fear is debilitating, and fear of competition is no exception. Overcoming this is very simple - 'Live for today' - apply your whole life to being the one you want to be - your true self - then there will be no competition. Why? Because there is no one else quite like you - **YOU ARE UNIQUE!**

THE FINE LINE BETWEEN FAILURE AND SUCCESS.....

So often the line between failure and success is so very fine that we hardly know when we pass it - and it often happens that we are on the line and do not know it ! How often do we give in - throwing it all away - when a little more time, effort and patience is all that was needed to attain success? At low tide the tide may recede as far back as the eye can see - but it always comes back in again! We can only know defeat when we stop trying. There is no defeat except from within - no barrier is insurmountable, except our own lack of purpose. Whatever it is you are going for, commit yourself totally to it and watch the miracles happen as you step into the flow.



I do hope that you will experiment to see if there is something here that you can use for your own advancement. When you have finished with me I want you to please pass me onto someone else anywhere on the planet....because we Seeds want to keep on circulating to promote and foster the advancement of people in every nation. There are lots of other Seeds for Self Advancement and Seeds for Self Esteem and Seeds for Encouragement for those times when you are challenged ...you can freely print out these and heaps more from our web site. If you need uplifting, encouraging, inspiring or to feel good, go to www.goodwillpeople.net