

MEMO FROM YOUR STUDENT



Dear Teacher,



Please help me build my self esteem.

Please be patient with me - in some areas I may be a late bloomer.

I need my sense of dignity so please don't belittle me in front of people. I will take more notice if you talk quietly with me in private.

I need to feel good about myself so please don't ridicule me or imply that my inappropriate behaviour means that I am bad. It erodes my sense of worthiness.

Please don't shout or nag. If you do I shall have to protect myself by appearing to be deaf.

Don't be too upset if sometimes I seem to fight you. It's not you I dislike but your power over me.

When you experience some aggravating people on the way to school, please don't take it out on me.

I want to respect you, but I can only respect you as much as you show respect to me.

I am capable of more than you may imagine - please help me to blossom and reach my potential by giving me lots of encouragement and appreciation.

The more I feel safe and protected, the more of my inner beauty I will risk showing.

Please don't compare me with anyone else. Like me for what I am.

Please remember that I can't thrive without a lot of understanding and love... but I don't need to tell you, do I?

P.S. I love you more than I will ever say

