

**I am unique  
& precious**



**no other person  
is my duplicate**

Colour in this picture and then if you want to, you can pin it up somewhere so that every day it will remind you and everyone else that you are Unique and Precious just as you are.... This means that you can just be yourself without trying to copy anyone else.... Because there is no other person exactly like you anywhere in the whole wide world.... Being unique and precious is something to feel good about, because you will never find anyone else exactly like you.... If you were missing it would be the same as a missing colour in a rainbow. Rainbows need all the colours to be complete.

I am one of many Seeds for Children's Self Esteem ...print more at: [www.goodwillpeople.net](http://www.goodwillpeople.net)