

Colour in this picture and then if you want to, you can pin it up somewhere so that every day it will remind you and everyone else that you are always Alright and O K just as you are.... This means that you can just be yourself without trying to copy anyone else.... Because you are just right as you are, you are Alright and OK just as you are....and you can always feel happy about this. I am one of many Seeds for Children's Self Esteem ...print more at; www.goodwillpeople.net