

# COMPLETE THESE SENTENCES 1

I have fun when I .....

I want to .....

I got my way by .....

The world would be a better place if everyone .....

One thing I like about my friends is .....

I worry about my .....

More than anything else, I would like to .....

If I was older, I would .....

The best thing about me is .....

I hate .....

Someone I'd like to get to know better is .....

Something I do for my mother is .....

Something I do for my father is .....

If I were Prime Minister, the first thing I  
would do is .....

The thing I like people to admire me for is .....

Fill in your answers for each statement. There are no right or wrong answers, so just write in the first things that comes to you. When you have filled in all the spaces you will know some things you value and some things that you can feel proud about and things that can even help to understanding yourself more. These things will support you to feel confident and will help you to be true to yourself without comparing yourself or needing to please others to feel accepted...and together these things will help you to be the best friend anyone can have because the ways we feel about and treat ourselves often show up as how we treat others....so you will be a real good friend. I am one of many Seeds for Children's Self Esteem ...print more at; [www.goodwillpeople.net](http://www.goodwillpeople.net)