



*I am a circulating letter No3 for building Harmony and Peace by increasing Understandings*

**Greetings....** I am a third circulating Seed Letter for Understanding. I am on a journey to foster more understanding as the foundation for building harmony and goodwill. I hope to travel from person to person across our planet presenting points of view for stimulating thinking and questioning and searching that will lead to more understanding enlightenment that will reflect as increased tolerance and respect - for these two attitudes bring harmony and goodwill. Understanding in this context is more than programming the brain/mind as one can program a computer. Enlightenment is when one knows .....and knows that he knows, it often comes with an ah-ha type exclamation. Levels of enlightenment show out by the levels of respect and tolerance shown when no one else is looking, or nothing is sought to be gained from showing such higher nature ethics. The reasoning behind my mission is that most all of our local and global troubles can decrease with increases in tolerance and respect - for these two attitudes turn the tides of the six o'clock TV news of crime and inhumanity to reflect more love and compassion. Higher levels of understanding will bring higher levels of respect towards each other and towards the eco systems of our planet. The way to increase tolerance and respect is to increase understandings of ourselves as this happens in this new age of enlightenment we will have less of the problems stemming from lower nature attitude ethics, *goodie !!*

*To start on a personal journey of understanding, just follow the leads - be like a detached scientist without any preconceived answers. Search out libraries or surf the Internet for information about consciousness, awareness, Soul, astral travel, remote viewing, etc. Such a search will uncover many points of view. Always be aware that points of view are just points of view. Some points of view can expand or enhance one's self concept and increase self esteem - which in turn will reflect as increased respect and tolerance towards oneself (and equally towards others) - this will show up as increased harmony and goodwill towards oneself and towards others (the results I seek to promote). The opposite is also true - some points of view can do promote hate and fear and conflicts. The points of view under my message can promote attitudes of harmony, peace and goodwill - they have been taken from many various teachings and restructured to the first person. Points of view differ with different perspectives. Climbing a mountain would give a different point of view as each higher level of altitude gives the possibility to see past previous limits, to see further over the horizon. It's the same with inner spiritual perspectives, one needs to shift focus to the higher levels of consciousness for glimpses of a greater perspective.....to peace.*

The value in exploring another person's point of view is to discover whether or not it can give you some advantage - i.e. to increase or expand or enhance your self concept / self image / self esteem, or give you a higher opinion of who you are - and consequently, equally so of others. When expanding one's limits of knowing 'who' and or 'what' one is in essence, it raises one's values of oneself, it increases feelings of worthiness, it evolves one's personal self image / self concept / self esteem, plus there is a parallel increase of respect and tolerance in one's attitudes - and everyone benefits....including the eco systems that so desperately need so much more enlightened attitudes. Everyone has the potential to enhance their good image and esteem of themselves.....i.e. to accept and love oneself more, for this will reflect as more love and respect to others. Love is the answer, my message is really about increasing love.

*The restructured 'I' statements below give the chance to apply each to yourself to see how it sits with you. Check out each point of view... Find the keys that have you feeling good or warm in your heart centre ..... do any uplift you .... do any give more connection with your inner strengths .... do any help to open the door to your inner kingdom .... do any give you a sense of worthiness just because you are you ..... do any give you a sense of more inner freedom .... do any enhance your sense of connectedness or kin with other Souls ..... do any cause you to feel more respect or more tolerance towards other Souls living different lives to your group ..... and most important, do any open your heart to allow a greater outflow of love and compassion. Yet not everyone will relate to my messages. If any points of view stir up inner conflict with cherished opinions, then have the wit to remember that you have the authority to believe as you so choose - yet also have the wit to not short change yourself. Psychologists are now saying that beliefs shape experiences and destiny. Beliefs can give more inner freedom, and beliefs can also be as prison bars of restrictive limitations. History shows that widely held, popular and passed down opinions / beliefs can sometimes lose their use by date - as an example, everyone once believed that the world was flat .....and the Flat Earth Society was still active decades after proof it was an erroneous belief. If you do not agree with my messages, please pass me on anyway, for every extra person who adds a little more harmony and goodwill into the atmosphere will be adding to the collective good beneficial effect upon all people, including you, and this will help dissolve the fears that motivate a need for so many insane cruel weapons of mass destruction. Enlightened understandings will eliminate fears of insufficiency / security.*

Here are some more points of view converted to the first person statements for investigating. Think deeply about these learned points of view - use these perceptions as arrows for directing you towards finding your own truth - use your common sense to find what works for you ; *As Soul I need not put any other person above or below the spiritual being that I am, for as one whole, all individual expressions of life are equally loved and valued in the eyes of our Source .....As Soul I need not defer to, or disrespect any other Soul because of different expressions of wealth, or prestige, or position each is experiencing at any given time .....As Soul, a spiritual being, my security is not based on things of the physical world, or on other's opinions, nor on others believing what I choose to believe ...I can respect and honour other Souls to the level of not interfering or judging how they should or shouldn't believe or experience their own lives ....As my own authority, whilst I am open to listen and learn and copy what I choose to, I can refrain from allowing others to inflict their ever changing beliefs or choices or values upon me, or my unique journey of experiencing, of learning, of expanding my awareness and enlightenment ....I will never have need for revenge to hurt or hinder any other, for sooner or later each does reap as each does sow .....As Soul, if my body were to lose an arm or a leg I would be no lesser being ....If my body becomes diseased or damaged I can still retain my dignity in the awareness that I who inhabit the body, am of a higher spiritual dimension, and as with all expressions of life, I will always be surrounded and protected by the everywhere present, all knowing, and all loving Source of Life...this is my peace.*

I do hope that I have at least inspired you to think about how every human being can seem like individual reflections of something so grand it is beyond normal comprehension. May these pointer arrows shift you to know more of the mystery of life for understandings that give you more moments of harmony and peace. May you discover how peace is always present.....and may you be with peace as often as you choose to. You can print other Seeds for Understanding and a lot more uplifting potentials at our web site : [www.goodwillpeople.net](http://www.goodwillpeople.net) \*\*Please do pass me on\*\*