

Self nurturing is saying *I love you* to your inner child. Stick these all around your living space, work area or cars, ...and anywhere others will be reminded to self nurture by focusing on their goodness for our Global Revolution of the Heart.

To my wonderful inner Child...



*** ...and I see my Inner Beauty,
my Heart Light showing as...
Loving...
and Compassion...
and Giving...

I really do Love my child within.

Thank you ... Thank you ... Thank you... It feels so good to let go and fill myself with Love for making a Better World for myself & everyone, thank you; www.goodwillpeople.net

To my wonderful inner Child...



*** ...and I see my Inner Beauty,
my Heart Light showing as...
Caring...
and Sensitivity...
and Kindness...

I really do Love my child within.

Thank you ... Thank you ... Thank you... It feels so good to let go and fill myself with Love for making a Better World for myself & everyone, thank you; www.goodwillpeople.net

To my wonderful inner Child...



*** ...and I see my Inner Beauty,
my Heart Light showing as...
Listening...
and Unselfish...
and Smiling...

I really do Love my child within.

Thank you ... Thank you ... Thank you... It feels so good to let go and fill myself with Love for making a Better World for myself & everyone, thank you; www.goodwillpeople.net

To my wonderful inner Child...



*** ...and I see my Inner Beauty,
my Heart Light showing as...
Never Criticising...
and Gentle...
and ... Encouraging

I really do Love my child within.

Thank you ... Thank you ... Thank you... It feels so good to let go and fill myself with Love for making a Better World for myself & everyone, thank you; www.goodwillpeople.net